

## Monthly Bluegrass Report



Some restrictions are lifting. Phase 1 starts on February 8th. Phase 3 is when we will be able to gather again. We will monitor the situation weekly. Your health and safety are very important in guiding the decisions we make. Thank you for your continued support and community. Hope to see you soon.

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January 25, 2021 was a special day for the Northern Bluegrass Circle. It marked the 25th Anniversary of when we became incorporated as a non-profit music society with a mission to promote, present and preserve bluegrass music. A big thank you to our founding members, George Bayard, Willy Arsenault, Carol Newlove, Jim Storey, Windi Scott, Jack Stout, Susan & Don Frank, and Ian Van Dusen all who had a vision to bring like minded people together. Let's plan to celebrate when we can gather again.

**Attention all NBCMS Members**  
**Annual General Meeting and Board Election**  
**February 10, 2021 7:00 pm via Zoom**



# AGM

## Annual General Meeting

The Northern Bluegrass Circle Music Society's Annual General Meeting and Election of the Board will be held Virtually on February 10, 2021 at 7:00 pm.

Please join us for this first time via Zoom membership meeting. We must keep moving forward. Your club needs you. Please consider volunteering to be part of the board or shadowing someone if you are not ready to take on a board position. If you have an interest in building community and making things happen, you will find serving the club to be a reward. Your Zoom link, meeting agenda, and information will be sent via email to all the current members of the Northern Bluegrass Circle the day before the meeting. Keep an eye out for it. If you do not receive the Zoom link contact [Carolyn Hotte](#). Please attend and share your thoughts with us.

# THIS IS BLUEGRASS!

Become a NBCMS  
Member



kennymakdesign  
websites print photography video

Have you had a chance to check out our new website? We are thrilled to announce (insert banjo roll) .....our websites new look! We have been working with [Kenny Mak Design](#) to develop and update our website. Kenny Mak was great to work with, and we achieved a spectacular result. Head on over and have a look! Onward we roll!

# Join or Renew Your Membership



Thank you for supporting the Northern Bluegrass Circle Music Society by purchasing a membership. Our membership year is March 1 to March 1. It is time to consider renewing your membership if you are a member already or joining our membership.

All current members have been enjoying the Blueberry Bluegrass 20 in 20 Workshop Series. The series will be ending on April 1<sup>st</sup>. Don't worry about missing an. We want you to continue to participate. There is no need to renew your membership at this time (unless you want to) we will honor it until April 1, 2021.

If you are not a member of the NBCMS, consider joining to access all of the fantastic workshops coming up. Have a look at all the workshops on the Blueberry [website](#).

If you would like to renew your membership until March 1, 2022 click on the button below, it will take you to our website. We offer membership discounts on club events throughout the year. Your support is greatly appreciated.

Single membership \$15. Family membership \$25.

[Join or Renew Membership](#)

## Online Activities to Check Out

There are many different ways of getting involved with online concerts, workshops, lessons and jamming. Here are a few links to check out: [Fiddle Workshop with Bobby Britt](#), [Scruggs Style Banjo with Frank Evans](#), [Hand Made Music School](#), [Nashville Music Camp](#), and [Pinecone Where roots Music Matters](#). Join some of the many Facebook pages or clubs and musical groups to keep up-to-date with them. Here are only a few, there are many more, [Manitoba Old Tyme and Bluegrass Society](#) [Bluegrass Music Association of Canada](#), [Western Canada Bluegrass Association](#), [the Station Inn](#), [WCBM - Radio Bristol](#) and the list goes on, Happy hunting.

## 20 in 20 Workshops. Look who is coming our way in February

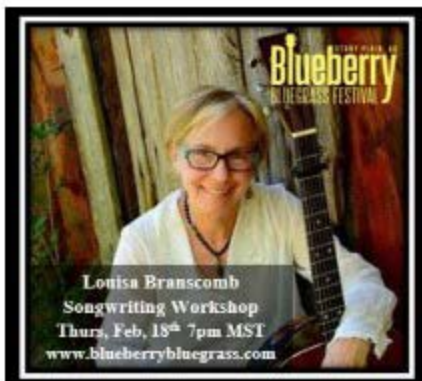
Let's test our knowledge. Match the names with the question,

Which person was one of the founding members of Blue Highway?

Which person is a member of Rhonda Vincent and the Rage?

Which person wrote Steel Rails made famous by Allison Krauss?

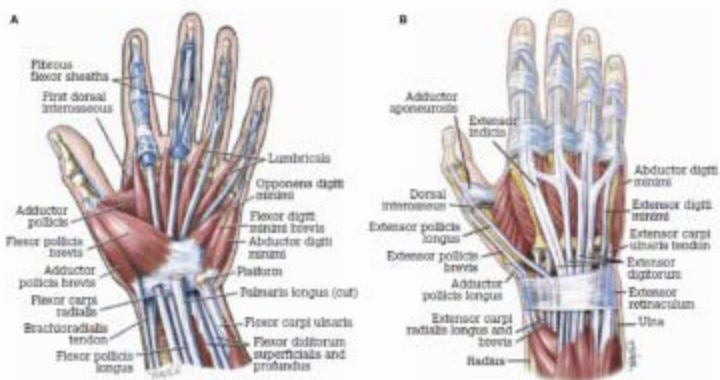
Which person is a member of Ricky Skaggs & Kentucky Thunder?



## Looking Back at Happy Times!



January 2020 we partnered with the Uptown Folk Club and the Blueberry Bluegrass Festival to put on one heck of a concert with The Po' Ramblin' Boys from Tennessee. Hard to believe its been that long. Good times, good people, and a great band. Can't wait to do something like this again!



**DID YOU KNOW...** Most people see their hand as a simple instrument without giving it much thought. However, the hand is complex, remarkable structure used for self care, self expression, work, leisure, and for playing instruments.

Each hand consists of:

- 27 bones
- 29 major joints
- 123 ligaments
- 34 muscles (17 in the hand, 18 in the forearm)
- 48 nerves
- 30 blood vessels

The skin on the palm of your hand is unique because...

- It has no hair
- Your fingerprints are a one of a kind
- It is unable to tan
- It is extremely tough and durable, yet sensitive
- It is anchored down to the underlying bone by connective tissue called fascia which keeps it from sliding around during gripping and twisting activities.

Have you ever felt your fingers, wrists, hands, forearm aching or cramping while you are playing your instrument? Do you have a game plan to keep your body parts in top physical condition so you can maintain health?

[Click for More](#)

We will keep you in the loop with this Monthly Bluegrass Report as well as the Northern Bluegrass Circle Newsletter, 'The Bluegrass Bulletin'. If you have anything you would like included in the newsletter, contact Greg.

Newsletter Submission